

ONE-ON-ONE COACHING

Grow deep. Shine bright. Know your name.

Grab your spot!

Email: drtrenitachilders@gmail.com

[Subject: Deep Dive]



Pricing and Bundle Discounts

***Clarity: (1) One-on-One Session: \$125**

- 50-minute, one-on-one transformational coaching session

***Grounded: (3) One-on-one sessions: \$350 (\$25 savings)**

- Includes written post-session reflections including notes to document goal setting for long-term growth

***Rooted: (5) One-on-one sessions: \$565 (\$60 savings)**

- Includes written post-session reflections including notes to document goal setting for long-term growth
- Starter Slide deck to share your journey with others